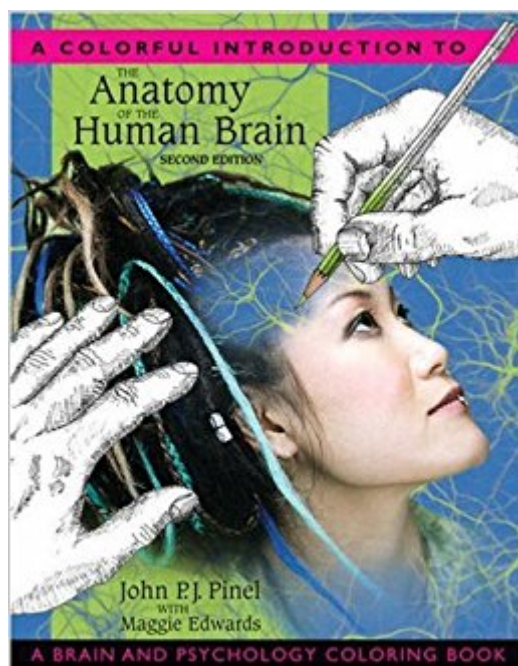




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A Colorful Introduction To The Anatomy Of The Human Brain: A Brain And Psychology Coloring Book (2nd Edition)



Synopsis

This hands-on workbook provides an easy and enjoyable means of learning and reviewing the fundamentals of human neuroanatomy through the acclaimed directed-coloring method. Thousands of people inquire about and buy a competitor to this book each year. Unique layout compared to the competition! Text is on the left page with illustration on facing page. A cover flap can cover the illustration's labels for easy self-testing. Up-to-date information covers the latest findings.

Book Information

Paperback: 264 pages

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Average Customer Review: 4.6 out of 5 stars See all reviews (82 customer reviews)

Best Sellers Rank: #8,777 in Books (See Top 100 in Books) #8 in Books > Textbooks > Social Sciences > Psychology > Neuropsychology #12 in Books > Health, Fitness & Dieting > Psychology & Counseling > Reference #23 in Books > Medical Books > Psychology > Neuropsychology

Customer Reviews

This is a good book for someone who knows next to nothing about neuroanatomy but if you have at least a basic working knowledge of the brain then this book is not for you. I'd suggest going for the popular competitor. I'm a Neuroscience Undergrad and wanted a simple neuroanatomy coloring book to pass the time and seal in anatomical structures but this book was overly simplistic. I ordered the competitor and am much happier with that purchase. HOWEVER, if you are new to the world of neuroanatomy I think this book will be a solid buy - it gives clear descriptions and the drawings are not complicated. It is for that reason I give it 4 stars. It would be 5 but some of the enlargements for the pictures looked distorted which made the book seem "cheap", other than that, for a neuroanatomy novice/beginner - this is a good book, but if you have already learned a thing or two about the brain, go with the competitor.

I bought this book to help me with my cognitive neuroscience class, and it proved to be very useful. I think it'd work best for those who are visual learners. Rather than looking at a diagram in a book and memorizing it, I was spending a few minutes on certain sections of the brain to color them in, which made the parts (and functions, which I kept reviewing while coloring) stick in my mind.

I purchased this book as a companion to John P. J. Pinel's Biopsychology (8th edition) for a class. This workbook was not required, but I found it very helpful for two reasons: 1. I have never taken a class involving neuroscience of any kind, and I knew that these concepts would be difficult for me to fully understand. This workbook broke down the parts of the human nervous system in a way that made it simple and straightforward. 2. I found it exceedingly comforting and relaxing to simply color. I enjoyed choosing what colors to use, shading in the appropriate shapes, while simultaneously learning. This subject matter can be intimidating for some, and stressful for others, and the act of coloring removes some of these boundaries. The workbook also acts as a study guide...there is a back flap that is designed to cover over the names of the structures, and you can go back and test yourself without peeking. The facing page of each coloring diagram includes a brief overview of the specific elements you are coloring and how they relate to one another. These descriptions are very brief summaries which provide a good reinforcement of what you learned from whatever textbook you are using (assuming you are in a class on biopsychology, neuropsychology, or a biology class about the nervous system). I would recommend this book to anyone who feels that they need some extra help in understanding the complex structures of the human nervous system.

I'm an undergraduate Psychology student, my best friend gave me this book because I was struggling in my Neuroanatomy class. I went from the bottom of the class to the top within a month thanks to this book. I highly recommend it!

Wow! I only did lesson 1, but I already see results. I am a very visual learner, so this book is perfect for me. It helped me with something very simple: I read 'central nervous system' in my textbook and in my head I automatically visualized the colors and shape of the lesson in this workbook. I'll modify this post as the semester continues, but so far... Wow!

I am interested in neuroanatomy and needed a tool to help me learn. This book has great stories about the brain to accompany the coloring pages and the information is organized in a very helpful way. I would highly recommend this book.

I'll be brief: I never expected neuropsychology and brain anatomy to be so easy to understand! This book is a dream for anyone like me, which is someone who hates ordering class texts because they are wordy, dry, lengthy, and cost a fortune, and I only open them up when an assignment demands a citation. This text has simplistic wording to define and explain the complexity of each and every term, a large graphic representation of the systems being discussed on each page, and nice large print with bolded key terms. They even give a pronunciation guide for the difficult anatomical terms! If every textbook were like this, the academic world would be a happier place.

Love this book. Didn't know about the "drawing" part when I bought it but it was a great bonus in the end! If you ever need to, or want to know, anything about the brain this is your go-to. The writing is easy to understand and appeals on several different levels. Bought it for a neuro psych class in 2012 and I still reference it in my classes, 3 years later!

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